

**ENFIELD NAS**  
**ADULT SOCIAL GROUP**



**Calendar of Events**  
**June-December 2022**

This group has been set up by adults with autism for adults with autism and will be based around what you want.

Here are the details of what is coming up over the next few months.

**JUNE 2022**

15<sup>th</sup> – Online Open Session via Zoom to talk about topics that are important / of interest to you with fellow members.

**JULY 2022**

6<sup>th</sup> – Online Speaker Meeting – Dean Beadle (ENAS ASG's 7<sup>th</sup> Birthday Celebrations)

20<sup>th</sup> – Mental Health Workshop Session – In person at a local venue.

*The session will be split into 2 halves – the first half will be an open discussion with a few questions, and the second half will be a mental health themed quiz. Refreshments provided.*

**AUGUST 2022**

The branch is closed for the summer break.

**SEPTEMBER 2022**

7<sup>th</sup> – Speaker Meeting – Fiona and Andrew (New CEOs at One to One Enfield) *will be coming along to a local café to introduce themselves to the group. Refreshments provided.*

21<sup>st</sup> – Pub Night in a local pub in Palmers Green.

**OCTOBER 2022**

5<sup>th</sup> – In person session at a local venue with session theme to be advised closer to the time.

19<sup>th</sup> – Bowling Night

## **NOVEMBER 2022**

2<sup>nd</sup> - In person session at a local venue with session theme to be advised closer to the time.

16<sup>th</sup> – Restaurant Social - Dinner at a local restaurant in Enfield.

## **DECEMBER 2022**

7<sup>th</sup> – Online via Zoom – Christmas Party & Quiz

***Our sessions take place in the evening.***

**For more information email Natasha & Jay on [branchofficer@enfieldnas.org.uk](mailto:branchofficer@enfieldnas.org.uk)**

***Keep Well, Stay Safe.***

***Best Wishes,***

***The ENAS Team***