

# ENFIELD NAS

## ADULT SOCIAL GROUP – 2017



This group has been set up by adults with autism for adults with autism and will be based around what you want.

### April -

19<sup>th</sup> - Pub Outing – The Alfred Herring Pub, Palmers Green at 7:30pm

### May -

3<sup>rd</sup> – Speaker Meeting – John Hersov will come to talk to us about his work about Making TFL disability friendly. It is a chance to get your views heard about TFL.

17<sup>th</sup> – Cinema – To be confirmed

### June -

7<sup>th</sup> – Speaker Meeting – Councillor Alev Cazimoglu for Adult Social Care will come and talk about her work and take any questions you have.

17<sup>th</sup> – The Autism Show – Place and Time To be Confirmed. Tickets limited so please speak to Sarah about getting a ticket from the Branch. Each ticket is £7.

### July –

5<sup>th</sup> - Speakers Meeting – Paul Wady will be performing his play Guerilla Aspies.

19<sup>th</sup> - Bowling – 7:30pm at Hollywood Bowl, North Finchley

### August -

2<sup>nd</sup> – Speaker Meeting – Games Night - we will have lots of different board games.

16<sup>th</sup> – Pub Outing – Venue to be confirmed

**Speaker Meetings on 1<sup>st</sup> Wednesday of each month ( free tea and coffee, and cake):-**

**Time: 7.30-9.30**

**Donation suggestion:- £2 per person per meeting**

**Venue: Baskervilles Tea Shop, 66 Alderman's Hill, Palmers Green, London N13 4PP**

**For more information email Sarah on [sarah@enfieldnas.org.uk](mailto:sarah@enfieldnas.org.uk)**

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### September –

6<sup>th</sup> – Speaker Meeting – Special Olympics Great Britain will be coming to talk to us about what there is available in our area to get involved in.

20<sup>th</sup> – Pizza Night – Venue to be confirmed.

### October –

4<sup>th</sup> – Speaker Meeting - Janine Booth is drafting the Labour Party Manifesto to specifically address Autism. They are looking for our input.

14<sup>th</sup> – West End Magic Show – 3:30pm. We have limited tickets so please talk to Sarah to book your place.. Tickets cost £7.

### November –

1<sup>st</sup> – Speaker Meeting – Joan Ryan is a Labour MP in the Borough of Enfield. Joan will be talking about his job as an MP and taking any questions that you have.

15<sup>th</sup> – Cinema – to be confirmed

### December –

6<sup>th</sup> – Speaker Meeting – Christmas Quiz

13<sup>th</sup> – Christmas Dinner. Venue and Time to be confirmed.



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## AUTISM COACHING

### Would you like help to overcome barriers and reach your potential?

If so, then coaching could be for you. Coaching is a powerful process that has been found to be highly effective helping autistic people realise their life aspirations.

This type of support is new to Enfield and will enable you to have a coach for up to 2 years. The coaches are trained fully and will be able to help support you to identify your goals and realise your aspirations.

The coaching is based on tried and tested methods which combine the best of coaching, NLP and positive psychology to enable people to get the best out of life.

For more information or would like to have a coach, email Sarah on [sarah@enfieldnas.org.uk](mailto:sarah@enfieldnas.org.uk)