

ENFIELD NAS

ADULT GROUP – 2019



This group has been set up by adults with autism for adults with autism and will be based around what you want.

January

2nd – there is no speaker meeting this month as Baskervilles Tea Shop is closed.

16th – The New Crown in Southgate at 7:30pm. To start the new year we will have a good catch up in the pub near Southgate tube station.

26th – Natural History Museum. To get more details please sign up for this trip with Sarah. You need to do this by 16th January. This trip is free (unless you wanted to see other exhibits in the museum.)

February

6th – Bambos Charalambous MP will be our speaker this month. He will talk about what he has been up to in Parliament. Bambos is also interested in hearing about your views and answer questions you may have.

20 – Bowling in North Finchley. Let's have a round of bowling and a laugh at the bowling alley. You need to book this with Sarah by 6th February. The price per person per game is £7.

March

6th – Games Night – for this month speaker meeting we are not inviting a speaker instead we will have a range of board games that you can play. Bring on the fun!

20th – Cinema – I can't tell you what film will be on this month this far in advanced but nearer the day you will find out what film we are going to see and hopefully you will want to come along.

30th – Sea Life Aquarium London – We will have a day looking around the Aquarium. If you would like to come on this trip please talk to Sarah about the details. It will cost £10 and this is subsidised so there are limited places available. Last date for tickets 6th March.

April

3rd – Councillor Alev Cazimoglu is Enfield Council Cabinet member for Health and Social Care. This is your chance to hear what local councillors do, to ask questions and give your views about Enfield.

17th – Alfred Herring pub night out starting at 7:30pm. The Alfred Herring is based in Palmers Green and you can have food and drinks.

May

1st – Robyn Steward will be coming back to the group to talk to us. She is a wonderful speaker and an inspiration. We hope to see you there.

15th – Pizza Express night out. Please let Sarah know by 1st May if you would like to come to Pizza night at Pizza Express in Enfield.

25th – London Zoo - We will have a day looking around the Zoo. If you would like to come on this trip please talk to Sarah about the details. It will cost £10 and this is subsidised so there are limited places available. Last date for tickets 1st May.

Your Views. Your Ideas. Always welcome.

We always want to hear what social activities, trips and speakers you want in ENAS. We also want to know how you would like ENAS to expand in the adult section.

Maybe you would like a gaming group? Or a job club? Book club?

Whatever it is please let us know.

You can do this by:

- Emailing Sarah at sarah@enfieldnas.org.uk
- Talking to Sarah at any meeting
- Filling out the questionnaires that we do every 3 months.
- Putting your idea in the suggestion box. This will be available at every speaker meeting.

Speaker Meetings (free tea and coffee, and cake):-

Time: 7.30-9.30

Donation suggestion:- £2 per person per meeting

Venue: Baskervilles Tea Shop, 66 Alderman's Hill, Palmers Green, London N13 4PP

For more information email Sarah on sarah@enfieldnas.org.uk