

Enfield NAS Calendar for Autumn Term 2016

*Please note that as we do not have crèche facilities, the workshops
and evening events are not suitable for children*

www.enfieldnas.org.uk



BRANCH MEETINGS

Wednesday, 19th October at 7.30pm onward: An opportunity to meet with other parents/carers, to have a chat and share information. Free hot drinks and wonderful Baskervilles cake will be provided. PLUS: **WHO ARE ENFIELD NAS?** A great opportunity to find out more about the Branch, meet committee, learn more about new plans and the benefits of volunteering for the group. Come and hear a little about how the branch is run and why we set it up. There will also be information about other sources of help and support locally. Whether you have been a member for ages or have just joined, this evening will be an opportunity to get to know other parents/ carers and how you can get involved.

Tuesday, 29th November at 7.30pm onward: An opportunity to meet with other parents/carers, to have a chat and share information. Drinks and cake will be available. PLUS: We will have Zeenat Ahmed-Peto as our special guest to talk about **RELAX KIDS**. **RELAX KIDS** is an approach to relaxation created by Marneta Viegas. She has used ideas from yoga and mindfulness and created beautiful stories to help empower children and young people to take control of their own well-being in these busy modern times.

Baskervilles Tea Shop, 66 Alderman's Hill, Palmers Green, N13 4PP. For more info please call Sophie on 07903 420016 or email her at sophie@enfieldnas.org.uk

YOUTH CLUB START DATE

We are delighted to be able to announce that the first session of the ENAS Youth Club will be Friday, 4th November. Please see the information sheet and application form attached to this Calendar, or download them from our website.

For more information please call/text **Sophie on 07903 420016** or email her on sophie@enfieldnas.org.uk.

FLORENCE HAYES PLAY SESSIONS

**Florence Hayes Adventure Playground
34 Fore Street, Edmonton N18 2SS**

Join us on Sunday, 23rd October for our final autism friendly and very popular exclusive play session for 2016. Rain or shine we shall be there from 10am to 1pm. Please visit our website for more information or call **Anna on 07835 769548**.

DATE FOR THE DIARY

Our very relaxed annual Christmas film show is booked for Saturday, 3rd December. We'll be emailing out further details regarding this event early next month.

COFFEE MORNINGS

GALLIARD PRIMARY SCHOOL (Tuesday 9.00am to 11.00am during term time): weekly coffee morning hosted by Sian Warner. A staffed crèche is available for pre-school children while their parent/carer attends the meeting. **Galliard Children's Centre, Galliard Primary School, Galliard Road, Edmonton, London, N9 7PE. For more info call Sian Warner at Galliard on 020 8804 1818.**

EDMONTON COUNTY SCHOOL (every 2nd & 4th Thursday of the month from 10.00am to 12.00 noon during term time): fortnightly coffee mornings hosted by Carol Riley.

Thursday 13th October
Thursday 10th & 24th November *
Thursday 8th December

Cambridge Campus, Great Cambridge Road, EN1 1HQ. For further information please contact: Carol Riley – Family Support Coordinator on 07891 271614.

* **On the 24th November** we have a guest speaker. Dean Beadle has been invited to give a talk entitled "Aspergers, education and me". Dean is an inspirational speaker who has visited Enfield several times and never fails to educate and entertain when he speaks to a group.

SOFT PLAY SESSIONS AT SOUTHBURY LEISURE CENTRE

Mondays

21st November and 12th December 2016
Time: 4.00-6.00 price £2/child/session

An opportunity for your child to play, explore the ball pools, crash mats and obstacle courses in a safe and autism friendly environment.

192 Southbury Road, Enfield, Middlesex EN1 1YP. For more information and to book a place, call Sandeep on 07842 393358.

GATEWAY SEEKERS SWIMMING CLUB

Swimming every two weeks on Sundays from 2.00pm to 4.00pm for a fun swim session, open to all people with learning disabilities (including autism) for adults and children plus members of their family. £1.00 per person is collected at poolside.

Albany Pool, 505 Hertford Road, Enfield EN3 5XH. For further details please call Anne and Roger Plowman on 020 8360 9453.