

Enfield NAS Calendar for Spring Term 2016

Please note that as we do not have crèche facilities, the workshops and evening events are not suitable for children



BRANCH MEETING

Wednesday, 16th March at 7.30pm onward

Our speaker will be from the Tui Centre. Tui Na is an oriental massage therapy that has been used since ancient times. They will be sharing with us how touch and massage therapies like Tui Na therapy have the potential to improve sleep, sensory sensitivities and social skills and reduce stress levels. Practicing regular massage therapy can also help build the bond that parents have with their child. Come and enjoy tea and cake and hear about this different way to support your child's development.

Baskervilles Tea Shop, 66 Alderman's Hill, Palmers Green, N13 4PP. For more info please call Sophie on 07903 420016 or email her at sophie@enfieldnas.org.uk

YOUTH CLUB 'TASTER' SESSIONS

We are now working with the Spurs Foundation to develop a youth club for teenagers with autism. We will be announcing details of this in the next few weeks and we are hoping to run two 'taster' sessions before Easter and to start the youth club after the Easter holiday.

The Youth Club will run at **Barnet and Southgate College (Southgate Campus), High Street, Southgate, London, N14 6BS**. If you want further information about our plans please call/text **Sophie on 07903 420016 or email her on sophie@enfieldnas.org.uk**.

INFORMATION WORKSHOPS

If you wish to attend, please complete a booking form.

Wednesday, 2nd March 2016 (Edmonton County School)

But why am I different? Talking to your child about their diagnosis

One of the workshops developed by Enfield Speech and Language Therapist Helen Cooke, it is for parents/carers of children of any age but will be most relevant for parents with children who have some verbal language. This workshop will consider the pros and cons of telling your child about their diagnosis and look at ways of doing this. **Edmonton County School, Cambridge Campus, Great Cambridge Road, EN1 1HQ.**

Saturday, 19th March 2016 (Cedar House)

Choosing a secondary school - Help and advice about finding the best secondary school for your child

This workshop is for parents/carers of children due to start secondary school in the next few years (most relevant for parents/carers of children in years 4 and 5). The workshop will be led by Mary Mannion from Enfield Parents and Children and cover the transition process, thinking about the type of secondary school that might suit your child, tips on visiting schools and the provision available locally.

Cedar House, Chase Side Crescent, Enfield EN2 0JA.

COFFEE MORNING AT GALLIARD PRIMARY SCHOOL (Tuesday 9.00am to 11.00am during term time): weekly coffee morning hosted by Sian Warner. A staffed crèche is available for pre-school children while their parent/carer attends the meeting. **Galliard Children's Centre, Galliard Primary School, Galliard Road, Edmonton, London, N9 7PE. For more info call Sian Warner at Galliard on 020 8804 1818.**

COFFEE MORNING AT EDMONTON COUNTY SCHOOL (every 2nd & 4th Thursday of the month from 10.00am to 12.00 noon during term time): fortnightly coffee mornings hosted by Carol Riley.

Thursday 25th February

Thursday 10th March

Thursday 14th & 28th April

Cambridge Campus, Great Cambridge Road, EN1 1HQ. For further information please contact: Carol Riley – Family Support Coordinator on 07891 271614.

SOFT PLAY AT SOUTHBURY LEISURE CENTRE

Wednesday, 9th March: 3.00pm to 5.00pm for just £1/child/session!

An opportunity for your child to play, explore the ball pools, crash mats and obstacle courses in a safe and autism friendly environment. We hope Jo Dudley, Enfield S&L Therapist, will be attending the session to offer advice to parents. **192 Southbury Road, Enfield, Middlesex EN1 1YP. For more information and to book a place, call Sandeep on 07921 171225.**

GATEWAY SEEKERS SWIMMING CLUB

Swimming continues every two weeks on Sundays from 2.00pm to 4.00pm for a fun swim session, open to all people with learning disabilities (including autism) for adults and children plus members of their family. A fee of £1.00 per person is collected at poolside. **Albany Pool, 505 Hertford Road, Enfield EN3 5XH. For more details please call Anne and Roger Plowman on 020 8360 9453**

LOOKING AHEAD

Florence Hayes Adventure Playground

34 Fore Street, Edmonton N18 2SS

From Sunday, 17th April until October we will be running our very popular exclusive play sessions again. The sessions are once every three weeks and run from 10am to 1pm, rain or shine. We ask for a donation of £2 per child per session to cover some of our costs. That's something to look forward to. **For more information call Anna on: 020 8360 7384**